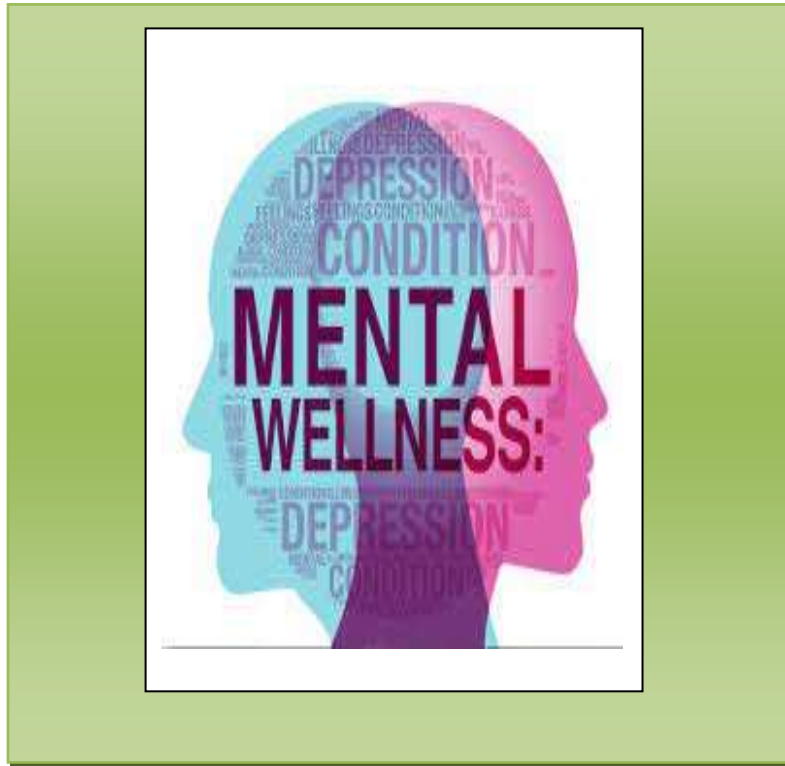


STUDY GUIDE

PSYCHIATRY

COURSE CODE: **1201511**



Course coordination

Female section :**Dr.Sadaf Aijaz(sadaf.abdulrehman.nbu.edu.sa)**

Male section: **Dr.Sadaf Aijaz(sadaf.abdulrehman.nbu.edu.sa)**

Course Identification

1. Credit hours	4 Credit Hours
2. Level/year at which this course is offered	6 th Year (XI Semester)
3. Pre-requisites for this course	Internal Medicine-1 (1201411)

Course committee members

1. Dr Sadaf Aijaz	sadaf.abdulrehman.nbu.edu.sa
2. Dr. Shireen Mohamed Olama	sherin.ali@nbu.edu.sa
3. Dr. Ghazala Rasool Jan	Ghazala.rasool@nbu.edu.sa

Actual Learning Hours

No	Activity	Learning Hours
Contact Hours		
1	Lectures	14
2	PBL	4
3	Tutorial	4
4	BST	40
5	SEMINAR	1
	Total	63

Course Objectives :

COURSE DESCRIPTION: This course is intended to help the students to gain the basic skills in Psychiatry so that by the end of this course the students will be able to list causes of common psychiatric disorders, in various age groups, interpret the knowledge gained from different theoretical activities to the actual psychiatric problems of adult patients, children, geriatrics in the hospital, show the ability to work in a group in the clinical setting to conduct specific clinical assessment task, demonstrate the ability of using communication skills in dealing with patients, their relatives and medical staff to solve the different psychiatric problems and perform proper and comprehensive history taken into account Bio-psycho –Social Model and relevant physical examination . Along with these the interpretation of common psychological assessments and to chart out a management plan.

2. Course MainObjective

On completion of this module students should be able to:

- diagnose the common psychiatric disorders and knowing the broad lines of management for early intervention and referral.
- Consider psychiatric causes in differentials of physical illnesses
- Help fighting stigma against psychiatric disorders

Course Learning Outcomes

CLOs		AlignedPLOs
1	A. Knowledge: By the end of this course the student will be able to :	
1.1	Describe the etiology and main features of mental and psychiatric disorders and explain the general themes and principles of early intervention and referral of psychiatric patients	K2
2	B. Skills: By the end of this course the student will be able to:	
2.1	Interpret the clinical and laboratory data to solve the psychiatric problems	S1
2.2	Take a careful, accurate and organized medical history and Perform a gentle and accurate physical and mental examination	S3
2.3	Demonstrate the proper choosing of the appropriate treatment for psychiatric patients	S5
2.4	Communicate effectively with colleagues and instructors	S6
3	Values	
3.1	Practice ethically leadership and teamwork and inter-personal collaboration with the colleagues and instructors.	V1
3.2	Operate the skill of self-learning	V2
3.3	Demonstrate the capacity for self-reflection and personal development	V2

Course Content

No	List of Topics	Contact Hours
1	Psychiatry study guide,introduction ,classification,eitiology	1
2	Psychopathology	1
3	Psychiatry History taking &MSE	1
4	Schizophrenia Spectrum and other psychotic Disorders	1
5	Bipolar and Related Disorders	1
6	Depressive Disorders	1
7	Anxiety disorders ,Trauma and stress related disorders	1
8	Child psychiatry(Intellectual disability, communication Disorders ,autism spectrum disorders ,ADHD,disruptive and impulse control disorders ,conduct disorders	1
9	Dissociative Disorders ,somatic symptoms and related disorders,OCD & related disorders	1
10	Neurocognitive disorders	1
11	Psychopharmacology&ECT	1
12	Personality `Disorders	1
13	Psychiatric Emergencies	1
14	Sleep wake disorders , Ethics in Psychiatry ,Psychotherapies ,Self Reflection	1
	TOTAL PBL	4
1	Psychopathology	
2	Schizophrenia and other psychotic disorders ,Bipolar Disorders &D/D	

3	Bipolar and Related Disorders	
4	Liaison Psychiatry	
	TOTAL TUTORIALS	4
1	NMS & D/D	
2	S/S & D/D	
3	Acute dystonia , TD, EPS	
4	Risk assessment in drug overdose	
	SEMINARS (Risk factors of Suicide)	1
	BST	40
Total		63

Teaching and Assessment

1. Alignment of Course Learning Outcomes with Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Teaching Strategies	Assessment Methods
1.0	Knowledge and Understanding		
1.1			
1.2	Describe the etiology and main features of mental and psychiatric disorders and explain the general themes and principles of early intervention and referral of psychiatric patients	Direct instruction (lecture)	Written exams Quiz MCQs MCQS In Final Theory.
...			
2.0	Skills		
2.1	Interpret the clinical and laboratory data to solve the psychiatric problems	Experiential learning (BST)	CLINICAL: Long case

Code	Course Learning Outcomes	Teaching Strategies	Assessment Methods
			Short case Oral Viva
2.2	Take a careful, accurate and organized medical history and Perform a gentle and accurate physical and mental examination	Experiential learning (BST)	CLINICAL: Long case Short case Oral Viva
2.3	Demonstrate the proper choosing of the appropriate treatment for psychiatric patients	Experiential learning (BST)	CLINICAL: Long case Short case Oral Viva
2.4	Communicate effectively with colleagues and instructors	Interactive (CP in PBL, Tutorial, seminar)	PBL Checklist CP Checklist
3.0	Values		
3.1	Practice ethically leadership and teamwork and inter-personal collaboration with the colleagues and instructors	Interactive (CP in PBL, Tutorial, seminar)	PBL Checklist CP Checklist
3.2	Operate the skill of self-learning	Interactive (CP in PBL, Tutorial, seminar)	PBL Checklist CP Checklist
3.3	Demonstrate the capacity for self-reflection and personal development	Interactive (CP in PBL, Tutorial, seminar)	PBL Checklist CP Checklist

2. Assessment Tasks for Students

#	Assessment task*	Week Due	Percentage of Total Assessment Score
1	QUIZ (MCQS)	3RD	15%
2	FINAL THEORY(MCQS)	6TH	40%
3	Continous assessment (case presntations inPBL,TUTORIAL , Seminar)	1-5th	15%
4	CLINICAL	6TH	30%
5			
6			
7			
8			

Topics	Teaching strategies	Assessment methods	Knowledge	skill	skill	skill	skill	Values	V	%percentage of		
			K2	S1	S3	S5	S6	V1	V2	Contact hours %	%Summe r	
Psychiatry study guide,introduction ,classification,eitiology	Direct instruction (Lectures)	MCQs	*								1.6	1-5
Psychopathology	Direct instruction (Lectures)	MCQs	*								1.6	1-5
PSY history taking & MSE	Direct instruction (Lectures)	MCQs	*								1.6	1-5
Schizophrenia Spectrum and other psychotic Disorders	Direct instruction (Lectures)	MCQs	*								1.6	1-5
Bipolar and Related disorders	Bipolar and Related Disorders	MCQs	*								1.6	1-5
Depressive Disorders	Direct instruction (Lectures)	MCQs	*								1.6	1-5
Anxiety disorders ,Trauma and stress related disorders	Direct instruction (Lectures)	MCQs	*								1.6	1-5
Child psychiatry(Intellectual disability, communication Disorders ,autism spectrum disorders ,ADHD,disruptive and impulse control disorders ,conduct disorders	Direct	MCQs	*								1.6	1-5
Dissociative Disorders ,somatic symptoms and related disorders,OCD & related disorders	Direct instruction (Lectures)	MCQs	*								1.6	1-5
Neurocognitive disorders	Direct instruction (Lectures)	MCQs	*								1.6	1-5



Topics	Teaching strategies	Assessment methods	Knowle dge	skill	skill	skill	skill	Valu es	V	%percentatge of		
			K2	S1	S3	S5	S6	V1	V2	Contact hours %	%Sum e r	
Psychopharmacology &ECT	Direct instruction (Lectures)	MCQs	*								1.6	1-5
Personality Disorders	Direct instruction (Lectures)	MCQs	*								1.6	1-5
Psychiatric Emergencies	Direct instruction (Lectures)	MCQs	*								1.6	1-5
Sleep wake disorders , Ethics in Psychiatry ,Psychotherapies ,Self Reflection	Direct instruction (Lectures)	MCQs	*								1.6	1-5
40Total bedside teachings(BST)	Experientia l learning (BST)	Clinic al exam(checkl ist) Long Case Short Case Oral		*	*	*					3.3	2-3
Tutorial- NMS &D/D	Interactive (Tutorial)	CP checkl ist					*	*	*		1.6	
Tutorial- S/S &D/D	Interactive (Tutorial)	CPChe ckl ist					*	*	*		1.6	



Topics	Teaching strategies	Assessment methods	Knowle dge	skill	skill	skill	skill	Valu es	V	%percentatge of	
			K2	S1	S3	S5	S6	V1	V 2	Contact hours %	%Sum e r
Tutorial- AcuteDystonia ,TD.EPS	Interactive (Tutorial)	CPChecklist					*	*	*	1.6	
Tutorial- Risk Assessment in drug overdose	Interactive (Tutorial)	CP Checklist					*	*	*	1.6	
Pbl-1 Psychopathology	Interactive (PBL)	PBL checklist					*	*	*	1.6	1-5
Pbl-2 Schizophrenia and other Psychotic Disorders &D/D	Interactive (PBL)	PBL checklist					*	*	*	1.6	1-5
Pbl-3 Bipolar and Related Disorders D/D	Interactive (PBL)	PBL checklist					*	*	*	1.6	1-5
Pbl-4 LAISON Psychiatry	Interactive (PBL)	PBL checklist					*	*	*	1.6	1-5
1 Seminar: Risk factors of suicide	Interactive (CP)	CP checklist					*	*	*	1.6	1-5

Course blueprint (% of total summative marks in blue print is to be given in the range)

Learning Resources

Required Textbooks	Introductory text book of Psychiatry, Nancy Andreason Shorter text book of Psychiatry, Philips Cowen. Paul Harrison. Tom Burns
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Essential References Materials	Oxford Textbook of Psychiatry Kaplan textbook of Psychiatry
Electronic Materials	Electronic Materials, Web Sites: PUBMED, Medscape, Uptodate.
Other Learning Materials	NICE Guidelines ,MAUDSELY guidelines

Related checklist

- ✓ PBL
- Assignment
- ✓ Clinical skills checklist
- ✓ Presentation checklist
- Project checklist
- Workshop checklist

PBL Checklist

A. Learning and cognitive skills:

S.No	Ability of the student to	Marks	Marks Obtained
1.	Attend to PBL session on time	0.5	
2.	Take active roles such as scribing/ becoming a leader	0.5	
3.	Identify New/difficult words in the case	0.5	
4.	Participate effectively during the session (Sharing appropriate ideas and information)	0.5	
5.	Interpret the case and the related findings	0.5	
6.	Generate learning issues	0.5	
	Total marks for Session 1	3.0	

B. Interaction and participation to group function:

S.No	Ability of the student to	Marks	Marks Obtained
1.	Build discussion and Maintain good group dynamics	0.5	
2.	Present his/her learning issue effectively	0.5	
3.	Prepare well with all the identified learning issues	0.5	

4.	Manage presentation time well	0.5	
5.	Communicate effectively and discuss collaboratively with other members	0.5	
6.	Ask and answer questions relevant to the topic	0.5	
	Total marks for Session 2	3.0	

Presentation checklist

S.No	Ability of the student to	Marks	Marks Obtained
1	Present her topic effectively	0.50	
2	Manage presentation time well	0.50	
3	Ask questions/answer questions reasonably well.	0.25	
4	Provide correct references	0.25	
	Total marks	3.0	

Clinical exam/oral

Exam Checklist	Max. Marks	Marks Obtained	Comments
Beginning & Closing	2		
Interviewing skills & Correctness of Findings	5		
Discussion	3		
Total Marks	10		

(Checklist must be aligned with the learning outcomes)

Course quality evaluation

G. Course Quality Evaluation

Evaluation Areas/Issues	Evaluators	Evaluation Methods

Evaluation Areas/Issues	Evaluators	Evaluation Methods
Effectiveness of teaching and assessment	Students	Indirect assessment
Extent of achievement of course learning outcomes	Instructors	Direct assessment
	Students	Indirect assessment
Quality of learning resources	Student	Indirect assessment

H. Specification Approval Data

Council / Committee	Internal Medicine Committee
Reference No.	Meeting no 2
Date	18/10/22

After the end of the course, please give your **FEEDBACK** through the following QR code:

